

#### Autistic adolescent girls & persistent absenteeism: Lessons along the way

DR RUTH MOYSE

### Assumptions about *why absent* and *what now*?

Autistic girls should go back to school from school

Force girls to return

Autistic girls are absent





# Daisy

	Positive Event	Why did you choose this?	Why was this such a positive experience? What worked well?
1	Starting music lessons	"Led to me falling in love with music which became a way for me to cope and escape from reality."	"Given the same opportunity as other childrenfelt like I was good at something."
2	Meeting a teacher who believed in me	"Made me able to stay and cope in mainstream for as long as I did."	"She understood my difficulties but didn't ignore my strengths, and she gave me a safe space to hide and express my feelings and feel valued."
3	Dropping French and PE	"Removing majorly overwhelming events from my week made me feel like I could go to school."	"I dreaded these lessons as they caused sensory overload, so I didn't fear school as much when I didn't have to go to them."

### Absence as strategy

Teachers use absence as a strategy

Exit pass; miss a lesson.

Girls criticised for using absence as a strategy

24/11/2021



# Overlooked, underestimated needs

- "I defy anyone to pick her out in five minutes."
- "There is nothing. I see nothing."
- "I don't have to cope with anything."
- "We have children who have more needs."

### Not rejecting learning: rejecting harm

Autistic girls should be forced to attend school Autistic girls absent from an environment & ethos they perceived were damaging them

Being out of a setting may be positive for some girls



If you don't meet their needs, don't be surprised if they stop coming!

## Policy imperative: Intercede early



ONCRC Article 12

I have the right to be listened to and taken seriously

https://cypcs.org.uk/rights/uncrc/articles/article-12/

- Follow up *informal* absences such as:
  - Leaving a lesson with an exit pass
  - Not on the playground at breaks
  - Missing from a trip
- Ask the young person why they are absent don't assume.
  - "Just listen. It's not rocket science."
- Act quickly to resolve the cause
  - Demonstrate concern and commitment to help

## Thanks for listening

**Dr Ruth Moyse** Visiting Research Fellow, ACoRNS, University of Southampton <u>r.moyse@soton.ac.uk</u> @mum2aspergirl

Moyse, R. (2021). *Missing: The autistic girls absent from mainstream secondary schools*. PhD thesis. University of Reading. Available at: <u>http://centaur.reading.ac.uk/97405/</u>.

